Diagram 4: Non-medical assessment of concussion - off field (for parents, coaches, teachers, team-mates) Athlete with suspected concussion Subtle signs of concussion: Pale Difficulty concentrating Things to look Fatique out for at home Sensitivity to light/noise or at school • Confusion, disorientation following Memory impairment a possible Nausea • Headache or 'pressure in the head' concussion • Feeling slowed or 'not right' • Dazed, blank/vacant stare • Behaviour or emotional changes, not themselves

Review by medical practitioner **RED FLAGS** Neck pain • Increasing confusion, agitation or irritability Repeated vomiting • Seizure or convulsion • Weakness or tingling/burning in the arms or legs • Deteriorating conscious state • Severe or increasing headache • Unusual behavioural change • Visual or hearing disturbance NO YES Rest, observation, **Immediate** referral to return to sport protocol under emergency medical advice department