



HO 7.7a

Taxonomy of goals

DOMAIN	CATEGORY	DESCRIPTORS
Me and My Body	Physical	Physical Rehabilitation Mobility Pain Management Pressure Care Prosthetics/Orthoses Tiredness/Fatigue
	Personal Care	Exercise/Fitness Swallowing Drinking Breathing Vision/Hearing Diet/Nutrition Sleep Medication
	Sexual Health	Sexuality Contraception Family Planning Sex Education
Looking After Myself	Domestic Skills	Gardening Cleaning Cooking Home Maintenance
	Equipment/Aids	Modifications Appliances Rehabilitation Equipment
Addressing Psychosocial Issues	Communication	Verbal Communication Non-verbal Communication Literacy Speech Therapy
	Cognitive	Memory Problem-solving Information Processing Language
	Emotional/Psychological	Anger Aggression Frustration Motivation Coping Grief/Loss Self-Esteem Manage Stress Relaxation Lifestyle Adjustment Role Changes Counselling Behaviour Management
	Personal Effectiveness	Time-Management Goal Setting Decision Making and Planning Organisational Skills
	Recreation/Leisure	Hobbies Interests Holidays Art/Music
	Vocational	Paid Employment Voluntary Work Apprenticeships Work Experience Community Service Child Care



HO 7.7b

Taxonomy of goals (continued)

DOMAIN	CATEGORY	DESCRIPTORS	
Addressing Psychosocial Issues <i>(continued)</i>	Education/Training	Academic	Courses
	Community Skills	Budgeting Shopping Accommodation	Transport/Travel/Driving Environmental/Physical Access
Relating To Others	Partner	Intimate Relationships Relationship with Partner	Support for Partner
	Family	Relationships with Parents Relationships with Siblings Relationships with Children	Relationships with Relatives Support for Parents/ Siblings/Relatives
	Friends	Friendships	Support for Friends
	Carers	Relationships with Carers	Support for Carers
	Others	Acquaintances	Others
Services and Information	Disability Related Information and Services	Respite Home Help Nursing Supported Accommodation Nursing Home Interpreter/Language Services Community Services	Service Provider Information Liaising Advocacy Health Professionals Needs Assessment Referrals
	Financial/Legal	Compensation Benefits Superannuation	Insurance Disability Allowance Funding
	Disability Specific Information	ABI Information Effects of ABI	Information about other disabilities

Reference:

Kuipers P, Foster M, Carlson G, et al. (2003) *Classifying client goals in tertiary ABI rehabilitation: A taxonomy for profiling service delivery and conceptualizing outcomes*, *Disability and Rehabilitation*, 25(3), 154-162